

JANIS LEANN WHITLOCK

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CURRENT EMPLOYMENT

Associate Director, Bronfenbrenner Center for Translational Research Cornell University	July 2018 - current
Director, Study of Self-Injury in Adolescence and Young Adults Director, Youth Risk and Opportunity Lab Bronfenbrenner Center for Translational Research Cornell University	January 2004 – current
Research Scientist Bronfenbrenner Center for Translational Research Cornell University	September 2007 - current
Lecturer Department of Human Development & Cornell Institute of Public Affairs Cornell University	January 2004 – current

EDUCATION

Ph.D., Human Development, Cornell University	2003
MPH, Health Behavior & Health Education, University of North Carolina at Chapel Hill	1994
B.A., Social Sciences Field Studies, Focus on Ethnicity and Gender	1988

PUBLICATIONS

Peer Reviewed Publications, Proceedings and Books

- Lewis, S.P., Heath, N.L., Hasking, P.A., **Whitlock, J.L.**, Wilson, M.S., & Plener, P.L. (in press). Advocacy for improved response to self-injury in schools: A call to action for school psychologists. *Psychological Services*.
- DiFranzo, D., Hyung Choi, Y., Purington, A., Taft, J. **Whitlock, J.** & Bazarova, N. (2019). Social Media TestDrive: Real-World Social Media Education for the Next Generation. *In CHI Conference on Human Factors in Computing Systems Proceedings (CHI 2019)*, May 4–9, 2019, Glasgow, Scotland UK. ACM, New York, NY, USA, 11 pages. <https://doi.org/10.1145/3290605.3300533>
- Whitlock, J.** & Lloyd-Richardson, E. (2019). *Healing self-injury: A compassionate guide for parents and other loved ones*. Oxford University Trade Press. New York, New York.
- Waals, L., Baetens, I., Rober, P., Lewis, S., Van Parys, H., Goethals, E.R., & **Whitlock, J.** (2018). The NSSI family distress cascade theory. *Child and Adolescent Psychiatry and Mental Health*, 12(52). doi: 0.1186/s13034-018-0259-7
- Kruzan, K. & **Whitlock, J.** (in press). Prevention of Non-Suicidal Self-Injury. *Non-suicidal Self-Injury: Advances in Research and Practice*. edited by J. Washburn. Routledge Press.
- Lewis, S.P., Heath, N.L., Hasking, P.A., **Whitlock, J.L.**, Wilson, M.S., & Plener, P.L. (in press). Addressing self-injury on college campuses: Institutional recommendations. *Journal of College Counselling*.

- Whitlock, J. L.**, Baetens, I., Lloyd-Richardson, E., Hasking, P., Hamza, C., Lewis, S., ... & Robinson, K. (2018). Helping schools support caregivers of youth who self-injure: Considerations and recommendations. *School Psychology International*, 0143034318771415.
- Kazerooni, F., Taylor, S. H., Bazarova, N. N., & **Whitlock, J.** (2018). Cyberbullying Bystander Intervention: The Number of Offenders and Retweeting Predict Likelihood of Helping a Cyberbullying Victim. *Journal of Computer-Mediated Communication*, 23(3), 146-162.
- Chang, P. F., **Whitlock, J.**, & Bazarova, N. N. (2018). "To Respond or not to Respond, that is the Question": The Decision-Making Process of Providing Social Support to Distressed Posters on Facebook. *Social Media+ Society*, 4(1), 2056305118759290.
- Whitlock, J.** & Hasking, P. (2017). Hurting from the inside out: Understanding self-injury. *Educational Leadership*, 75(4), 24-30.
- Kiekens, G., Hasking, P., Bruffaerts, R., Claes, L., Baetens, I., Boyes, M., & **Whitlock, J.** (2017). What predicts ongoing non-suicidal self-injury? A comparison between persistent and ceased self-injury in emerging adults. *The Journal of Nervous and Mental Disease*.
- Whitlock, J.**, Lloyd-Richardson, E., Fisseha, F., Bates, T. (2017). Parental secondary stress: The often hidden but important underbelly of non-suicidal self-injury in youth. *Journal of Clinical Psychology*: doi:10.1002/jclp.22488
- Bazarova, N. N., Choi, Y. H., **Whitlock, J.**, Cosley, D., & Sosik, V. (2017). Psychological distress and emotional expression on Facebook. *Cyberpsychology, Behavior, and Social Networking*, 20(3), 157-163.
- Hasking, P., **Whitlock, J.**, Voon D., & Rose, A. (2016): A cognitive-emotional model of NSSI: using emotion regulation and cognitive processes to explain why people self-injure, *Cognition and Emotion*, DOI: 10.1080/02699931.2016.1241219
- Kelada, L., Hasking, P., Melvin, G., **Whitlock, J.** & Baetens, I. (2016). "I do want to stop, at least I think I do": An international comparison of recovery from non-suicidal self-injury among young people. *Journal of Adolescent Research*, December 26, 1-26.
- Hasking, P.A., Heath, N.L., Kaess, M., Lewis, S.P., Plener, P.L., Walsh, B.W., **Whitlock, J.**, & Wilson, M.S. (2016). Position paper for guiding response to non-suicidal self-injury in schools. *School Psychology International*, 37 (6): 644-663.
- Whitlock J.**, Purington A. (2016). Commentary for Secret Society 123: Understanding the Language of Self-Harm on Instagram. 2017 *Year Book of Pediatrics*. Cabana MD, Schroeder A, Scemama-deGuillaly P, Goldstein A. Eds. Elsevier, Philadelphia, PA.
- Kelada, L., **Whitlock, J.**, Hasking, P., & Melvin, G. (2016). Parents' experiences of non-suicidal self-injury among adolescents and young adults. *Journal of Child and Family Studies*. 25:3403-3416
- Tsypes A., Lane, R., Paul, E., & **Whitlock, J.** (2016). Non-suicidal self-injury and suicidal thoughts and behaviors in heterosexual and sexual minority young adults. *Comprehensive Psychiatry*, 65: 32-43.
- Lloyd-Richardson, E., Lewis, S.P., **Whitlock, J.**, Rodham, K. & Schatten, H. (2015). Research with adolescents at risk for non-suicidal self-injury: Ethical considerations and challenges. *Child and Adolescent Psychiatry and Mental Health*, 9(37). PMID: PMC4584461.
- Whitlock, J.L.**, Prussein, K., & Pietrusza, C. (2015). Cessation and subsequent psychological growth: Results of a probability sample survey of students in eight universities and colleges. *Child and Adolescent Psychiatry and Mental Health*, 9(19). DOI 10.1186/s13034-015-0048-5. PMID: PMC4495705

- Bazarova, N. N., Choi, Y. H., Sosik, V., Cosley, D., & **Whitlock, J.** (2015). Social sharing of emotions on Facebook: Channel differences, satisfaction, and replies. *Proceedings of the 18th ACM Conference on Computer-Supported Cooperative Work & Social Computing*: 154-164, March 14-18, Vancouver, Canada.
- Kress, V., Newgent, R., **Whitlock, J.**, Mease, L. (2015). Spirituality, life satisfaction, and life meaning: protective factors for non-suicidal self-injury. *Journal of College Counselling* 18(2): 160-174.
- Orlando, C., Broman-Fulks, J.J., **Whitlock, J.**, Curtin, L., Michael, K.D., (2015). Non-suicidal self-injury and suicidal self-injury: A Taxometric Investigation. *Behavior Therapy*, 46(6): 824-833.
- Paul E., Tsypes A., Ernhout C., Eidlitz L., & **Whitlock J.** (2015). Associations of non-suicidal self-injury characteristics and suicidal thoughts and behaviors. *Psychiatry Research*, 225(3): <http://dx.doi.org/10.1016/j.psychres.2014.12.026>.
- Whitlock, J.L.**, Exner-Cortens, D. & Purington, A. (2014). Validity and reliability of the non-suicidal self-injury assessment test (NSSI-AT). *Psychological Assessment* 26(3): 935-946.
- Whitlock, J.L.**, Wyman, P., & Moore, S. (2014). Connectedness and suicide prevention in adolescence. *Suicide and Life-Threatening Behavior*. 44(3) 247-272.
- Whitlock, J.L.** & Selekman, M. (2014). Non-suicidal self-injury (NSSI) across the lifespan. In *Oxford Handbook of Suicide and Self-Injury*, edited by M. Nock. Oxford Library of Psychology, Oxford University Press.
- Whitlock, J.** & Rodham, K. (2013). Understanding NSSI in youth. *School Psychology Forum: Research in Practice*, 7(4): 93-110.
- Eisenberg, D., Golberstein, E., **Whitlock, J.** (2013). Peer effects on risky behaviors: New evidence from college roommate assignments. *Journal of Health Economics*, 33: 126-132.
- Whitlock, J.** Pietrusza, C. & Purington, A. (2013). Young adult respondent experiences of disclosing self-injury, suicide-related behavior, and psychological distress in a web-based survey. *Archives of Suicide Research*, 17(1): 20-32.
- Whitlock, J.**, Muehlenkamp, J., Eckenrode, J., Purington, A., Barrera, P., Baral-Abrams, G., Kress, V., Grace Martin, K., Smith, E., (2013). Non-suicidal self-injury as a gateway to suicide in adolescents and young adults. *Journal of Adolescent Health*, 52(4): 486-492.
- Eisenberg, D., Golberstein, E., **Whitlock, J.**, Downs, M. (2012). Social contagion of mental health: Evidence from college roommates. *Health Economics*, 22(8): 965-986. PMID: PMC4381550
- Muehlenkamp, J., Brausch, A., Quigley, B., **Whitlock, J.** (2012). Interpersonal features and functions of NSSI. *Suicide and Life Threatening Behavior*, 43(1): 67-80.
- Duggan, J.M., **Whitlock, J.** (2012). An investigation of online behaviors: Self-injury in cyber space. *Encyclopedia of Cyber Behavior*. IGI Global.
- Whitlock, J.L.** (2010). [Review of the book *Adolescent girls in crisis: Intervention and hope*, by Martha B. Straus]. *Journal of the American Academy of Child & Adolescent Psychiatry*, 49, 9.
- Whitlock, J.** Muehlenkamp, J., Purington, A., Eckenrode, J., Barreira, J., Abrams, G.B., Marchell, T., Kress, K., Girard, K., Chin, C., Knox, K. (2011). Non-suicidal self-injury in a college population: General trends and sex differences. *Journal of American College Health*, 59(8): 691-698.
- Whitlock, J.L.** (2010). Self-injurious behavior in adolescence. *Public Library of Science* 7(5): e1000240. PMID: PMC2876050
- Purington, A & **Whitlock, J.** (2010). Non-suicidal self-injury in the media. *The Prevention Researcher*, 17(1): 11-13.

- McNeely, C., **Whitlock, J.**, Libby, H. (2009). School connectedness and adolescent well-being. In *Handbook on School-Family Partnerships for Promoting Student Competence*, edited by S. L. Christenson & A. L. Reschly.
- Whitlock, J.L.**, Eells, G., Cummings, N., Purington, A. (2009). Non-suicidal self-injury on college campuses: Mental health provider assessment of prevalence and need. *Journal of College Student Psychotherapy*, 23(3): 172-183.
- Whitlock, J.L.**, Purington, A., Gershkovich, M. (2009). Influence of the media on self-injurious behavior. In *Understanding Non-Suicidal Self-Injury Current Science and Practice*, edited by M. Nock. American Psychological Association Press. 139-156.
- Whitlock, J.L.** (2008). Preparing for tomorrow by living for today: Cultivating connection and voice at school. *New York State School Counseling Journal*. 5(2): 65-68.
- Whitlock, J.L.**, Muehlenkamp, J., Eckenrode, J. (2008). Variation in non-suicidal self-injury: Identification of latent classes in a community population of young adults. *Journal of Clinical Child and Adolescent Psychology*. 37(4). 725-735.
- Whitlock, J.L.** & Knox, K. (2008). Community sources and solutions: Detection and prevention of self-injurious behavior in youth populations. *Self-injury in youth: The essential guide to assessment and intervention* edited by N. Heath and M. K. Nixon. Routledge Press. Pgs. 173-194.
- Whitlock, J.L.**, Powers, J.L (2008). Places to be, places to belong: Youth perceptions of life in community. *The Prevention Researcher*. 15(2): 12-15.
- Whitlock, J.L.**, Lader, W., Conterio, K. (2007). The Internet and self-injury: What psychotherapists should know. *Journal of Clinical Psychology/In Session* 63: 1135-1143.
- Whitlock, J.L.** & Knox, K. (2007). The relationship between suicide and self-injury in a young adult population. *Archives of Pediatrics and Adolescent Medicine*. 161(7): 634-640.
- Whitlock, J.L.** (2007). The role of adults, public space, and power in adolescent community connectedness. *Journal of Community Psychology*. 35(3).
- Whitlock, J.L.**, Eckenrode, J. & Silverman, D. (2006). Self-injurious behavior in a college population. *Pediatrics*, 117(6). 1939-1948.
- Whitlock, J.L.**, Powers, J.L., Eckenrode, J. (2006). The virtual cutting edge: Adolescent self-injury and the Internet. Special Issue on Children, Adolescents and the Internet, *Developmental Psychology*. 42(3): 407- 417.
- Surko, M., Pasti, L., **Whitlock, J.L.**, Benson, D. (2006). Development of New York State outcome indicators for adolescent well-being. *Journal of Public Health Management and Practice* Supplement.
- Whitlock, J.L.** (2006). Youth perceptions of life at school: Contextual correlates of school connectedness in adolescence. *Applied Developmental Science*, 10(1).
- Whitlock, J.L.**, & Hamilton, S. F. (2003). The role of youth surveys in youth development initiatives. *Applied Developmental Science*, 7(1).
- Swisher, R. and **Whitlock, J.L.** (2003). Neighborhood contributions to community youth development. Pp. 216-238 in *The Youth Development Handbook: Coming of Age in American Communities*, edited by S. Hamilton and M. A. Hamilton. Thousand Oakes: Sage.

Manuscripts Submitted

Taliaferro L, Jang ST, Westers N, Muehlenkamp J, **Whitlock J**, McMorris B. (under review). *Associations between connections to parents and friends and non-suicidal self-injury among adolescents: the mediating role of developmental assets.*

Kruzan, K. & **Whitlock, J.** (under review). *The transtheoretical model of change and non-suicidal self-injury.*

Andrade, L., Richardson, E., & **Whitlock, J.** (under review). *Non-Suicidal Self-Injury and Eating Disordered Behaviors in Young Adults: A Test of a Theoretical Model.*

Manuscripts in Preparation

Kruzan, K., **Whitlock, J.**, Haskings, P., Chapman, J., (in prep). *Reliability and validity detailed Transtheoretical Stages of Change measures for NSSI.*

Whitlock, J., Powers, J., Chapman, J. (in prep). *Technology mediated sexuality in youth: An assessment of parent and provider perceptions of youth behavior and education needs.*

Whitlock, J., Chapman, J., Pepe, B., (in prep). *Development and initial evaluation of NSSI 101: A psychoeducational program for youth serving professionals and parents of self-injurious youth.*

Whitlock, J., Powers, J., Maley, M., Purington, M. (in prep). *Phase I development of a curriculum for sexual violence prevention in middle school boys.*

Unpublished manuscripts

Purington, A., **Whitlock, J.**, Pochtar, R. (2007). *Non-suicidal self-injury in secondary schools: A descriptive study of prevalence, characteristics, and interventions.*

Reports

Maley, B., Kelly, C. M., Amankwaa, V., Ding, D., McGovern, L., Purington, A., Powers, J., Maley, M., & **Whitlock, J.** (2018). *Unheard voices: Reducing barriers to participation for rural and tribal youth.* Ithaca NY: Author.

Whitlock, J., Wyman, P., Barreira, P. (2013). *Connectedness and suicide prevention in college settings: Directions and implications for practice.*

Whitlock, J.L. & Purington, A. (2006). *Putting the 'support' in supportive learning environments.* Family Life Development Center. Cornell University. Ithaca, NY

Whitlock, J.L. (2004). *Places to be and places to belong.* Act for Youth, Family Life Development Center. Cornell University. Ithaca, NY

Whitlock, J.L. (2001). *Youth development agenda in New York State: Lessons learned from New York, Vermont, and California.* Prepared for Cornell University ACT for Youth and Family Life Development Center, June, 2001. Albany, New York.

Whitlock, J.L. & Hamilton, S.F. (2001). *Youth surveys and youth development strategies: Lessons from the field.* Cornell Cooperative Extension, Family Life Development Center, and ACT for Youth Center of Excellence.

Whitlock, J.L. (1997). *New Mexico Community Plan for HIV Prevention, 1997-1998.* Prepared for HIV Coordinating Council for the New Mexico Department of Health and US Centers for Disease Control. Albuquerque, NM.

Whitlock, J.L. (1994). *Helpless but not Hopeless: Parental Perspectives on Adolescent Dating Abuse Victims.* Prepared for the Johnson County Safe Dates Project. Chapel Hill, NC.

Whitlock, J.L. (1993). *Antecedents of the HIV/AIDS Adolescent Research Project Model: A Review of the Literature*. Prepared for Seattle AIDS Impact. Seattle, WA.

Whitlock, J.L. (1993). *Morgantown Community Diagnosis: Community Assessment & Analysis of Health and Human Services Agencies*. Prepared for Alamance County Health Department. Chapel Hill, NC.

Briefs

International Consortium on Self-Injury in Educational Settings (ICES; 2018). *What to do and what not to do when your child is engaging in NSSI*.

International Consortium on Self-Injury in Educational Settings (ICES; 2017). *A do and don't list for non-suicidal self-injury in schools*.

International Consortium on Self-Injury in Educational Settings (ICES; 2017). *For parents: Stages of change, signs of progress and how to support your child*.

Ernhout, C., Babbington, P., & Childs, M. (2015). What's the relationship? Non-suicidal self-injury and eating disorders. The Information Brief Series, Cornell Research Program on Self-Injury and Recovery. Cornell University, Ithaca, NY.

Prussien, K., Rosenblum, S., & Whitlock, J. (2015). What role do emotions play in non-suicidal self-injury? The Information Brief Series, Cornell Research Program on Self-Injury and Recovery. Cornell University, Ithaca, NY.

Ernhout, C., & Whitlock, J. (2014). Reaching out for help: Talking about ongoing self-injury. The Fact Sheet Series, Cornell Research Program on Self-Injury and Recovery. Cornell University, Ithaca, NY.

Ernhout, C., & Whitlock, J. (2014). Bringing up self-injury with your clients. The Fact Sheet Series, Cornell Research Program on Self-Injury and Recovery. Cornell University, Ithaca, NY.

Whitlock, J. & Ernhout, C. (2013). Understanding and using the Stages of Change model to assess your own progress. The Fact Sheet Series, Cornell Research Program on Self-Injury and Recovery. Cornell University. Ithaca, NY.

Whitlock, J., Minton, R., Babbington, P., & Ernhout, C. (2015). The relationship between non-suicidal self-injury and suicide. The Information Brief Series, Cornell Research Program on Self-Injury and Recovery. Cornell University, Ithaca, NY.

Whitlock J. & Ernhout, C. (2013). *Understanding and using the stages of change model*. The Practical Matters series, Cornell Research Program on Self-Injury and Recovery. Cornell University. Ithaca, NY

Whitlock, J. & Purington, M. (2013). *Understanding and using the stages of change model (for parents)*. The Practical Matters series, Cornell Research Program on Self-Injury and Recovery. Cornell University. Ithaca, NY

Purington, M. & **Whitlock, J.** (2013). *Telling family and friends*. The Practical Matters series, Cornell Research Program on Self-Injury and Recovery. Cornell University. Ithaca, NY

Whitlock, J. & Purington, M. (2013). *Positive communication strategies*. The Practical Matters series, Cornell Research Program on Self-Injury and Recovery. Cornell University. Ithaca, NY

Whitlock, J. & Purington, M. (2013). *Respectful curiosity*. The Practical Matters series, Cornell Research Program on Self-Injury and Recovery. Cornell University. Ithaca, NY

Purington, M. & **Whitlock, J.** (2013). *For parents: the importance of self-care*. The Practical Matters series, Cornell Research Program on Self-Injury and Recovery. Cornell University. Ithaca, NY

Purington, M. & **Whitlock, J.** (2013). *Family policies: Safety concerns and contracts*. The Practical Matters series, Cornell Research Program on Self-Injury and Recovery. Cornell University. Ithaca, NY

- Whitlock, J.** & Purington, M. (2013). *Dealing with power struggles*. The Practical Matters series, Cornell Research Program on Self-Injury and Recovery. Cornell University. Ithaca, NY
- Rothenberg, P., & **Whitlock, J.** (2012). *Finding Your Voice: Talking to others about your self-injury from a place of recovery*. [Fact sheet] Cornell Research Program on Self-Injurious Behaviors in Adolescents and Young Adults. http://crpsib.com/factsheet_Voice.asp
- Rothenberg, P., & **Whitlock, J.** (2012). *Reaching out: Sharing your self-injury experience with those you care about*. [Fact sheet] Cornell Research Program on Self-Injurious Behaviors in Adolescents and Young Adults. http://crpsib.com/factsheet_ReachingOut.asp
- Bubrick, L., Goodman, J. & **Whitlock, J.L.** (2010). *Non-suicidal self-injury in schools: Developing a school protocol*. Cornell Research Program on Self-Injury and Recovery. Cornell University. Ithaca, NY
- Transue, L. & **Whitlock, J.L.** (2010). *Self-injury in the media*. Cornell Research Program on Self-Injury and Recovery. Cornell University. Ithaca, NY
- Pietrusza, C. & **Whitlock, J.L.** (2010). *Recovering from self-injury*. Cornell Research Program on Self-Injury and Recovery. Cornell University. Ithaca, NY
- Sweet, M. & **Whitlock, J.L.** (2010). *Therapy: What to expect*. Cornell Research Program on Self-Injury and Recovery. Cornell University. Ithaca, NY
- Sweet, M. & **Whitlock, J.L.** (2010). *Therapy: Myths and misconceptions*. Cornell Research Program on Self-Injury and Recovery. Cornell University. Ithaca, NY
- Whitlock, J.L.** (2010). *What is self-injury?*. Cornell Research Program on Self-Injury and Recovery. Cornell University. Ithaca, NY
- Whitlock, J.L.** & Schantz, K. (2009). *Mental illness and mental health in adolescence*. Research Brief. ACT for Youth. Cornell University Family Life Development Center. Ithaca, NY.
- Ballesteros, D. & **Whitlock, J.L.** (2009). *Coping: Stress management strategies*. Cornell Research Program on Self-Injury and Recovery. Cornell University. Ithaca, NY
- Kilburn, E. & **Whitlock, J.L.** (2009). *Distraction techniques and alternative coping strategies*. Cornell Research Program on Self-Injury and Recovery. Cornell University. Ithaca, NY
- Sweet, M. & **Whitlock, J.L.** (2009). *Information for parents: What you need to know about self-injury*. Cornell Research Program on Self-Injury and Recovery. Cornell University. Ithaca, NY
- Goodman, J. & **Whitlock, J.L.** (2009). *How can I help a friend who self-injures?* Cornell Research Program on Self-Injury and Recovery. Cornell University. Ithaca, NY
- Caicedo, S. & **Whitlock, J.L.** (2009). *Top misconceptions about self-injury*. Cornell Research Program on Self-Injury and Recovery. Cornell University. Ithaca, NY
- Purington, A. & **Whitlock, J.L.** (2004). Self-injury fact sheet. Research Brief. ACT for Youth. Cornell University Family Life Development Center. Ithaca, NY.
- Whitlock, J.L.** (2004). *Understanding youth development principles and practices*. Research Brief. ACT for Youth. Cornell University Family Life Development Center. Ithaca, NY.

Whitlock, J.L. (2003). *Fostering school connectedness*. Research Brief. ACT for Youth. Cornell University Family Life Development Center. Ithaca, NY.

Whitlock, J.L. (2003). *Social capital and the well being of youth*. Research Brief. ACT for Youth. Cornell University Family Life Development Center. Ithaca, NY.

GRANTS and CONTRACTS

The James and Rebecca Morgan Fund: Leveraging Social Media TestDrive and Digital Citizenship Curriculum for Kids and Schools. \$1,000,000. 2018-2020. Role: co-PI.

Cornell Institute of Social Sciences Collaborative Project: Prosocial Behaviors in Social Media. \$150,000. 2018-2021.

Atkinson Academic Venture Fund. Opening the Door to Nature Based Engagement. 2 yrs. Role: Co-Investigator. PI: Gen Meredith.

National Institute for Food and Agriculture/Hatch: Assessing the Efficacy of a Mobile Intervention for Reducing Self-Injury. \$90,000/ 3 yrs. Role: PI. 10/17 – 9/20.

Centers for Disease Control and Prevention (CDC): Testing the Efficacy of a Strengths-Based Curriculum to Reduce Risk for Future Sexual Violence Perpetration among Middle School Boys. 1,800,000 / 4 years. Role: co-PI. 9/30/16 – 9/29/20.

MQ PsychIMPACT: Therapy on the go: A pilot randomized controlled trial of two theoretically derived mobile interventions for self-injury. 9/16 – 8/19. Role: co-PI. (not funded).

National Institute for Food and Agriculture /Hatch: Adolescent sexual health in the digital age: Provider and parent assessment of knowledge and need. \$45,000/ 3 yrs. Role: co-PI with Jane Powers. 10/15 – 10/18.

NSF-IIS, HCC: Medium: Building multi-theoretical models and multi-functional systems of online disclosure to improve well-being and disclosure outcomes for young adults. \$1,200,000 / 5 years. Role: co-PI (PI: Natalie Bazarova) (Funded). 6/15/14 – 6/14/18.

National Institute for Food and Agriculture /Hatch: Non-suicidal self-injury: Developing measures to assess readiness to change. \$90,000/ 3 yrs. Role: PI with Deborah Sellers. 10/14 – 10/17 (Funded).

The Pilot Study Program for Innovation in Translational Research: Neural mechanisms of pain experience of individuals who self-injure and investigating the feasibility of using a mindfulness-based intervention. \$12,000. Role: PI with Adam Anderson. (Funded). 8/1/14 – 9/1/14.

National Institutes of Health (R-21, NICHD): Title: Developing measures to support individually-tailored NSSI interventions. Role: PI. Funding amount requested: \$275,000.00. 9/1/2014 to 8/31/2016. (not funded)

National Institutes of Health (NICHD): Parent education and resources for self-injurious youth. Role: Co-PI (PI:3-C Institute for Social Development). Phase II SBIR. Cornell subcontract: \$300,000. 8/1/2014 – 7/31/2016. (Unfunded).

The Pilot Study Program for Innovation in Translational Research: Mental health disclosure and secondary effects on social networking sites. \$12,000. Role: PI with Natalie Bazarova and Dan Cosely. (Funded). 8/1/12 – 9/1/13.

The Pilot Study Program for Innovation in Translational Research: Intervening on Purpose and Meaning in Adolescence. \$12,000. Role: PI with Anthony Burrow. (Funded). 8/1/12 – 9/1/13.

Cornell Cooperative Extension/Hatch: Beyond “Just Say No”: Development of a healthy sexual development assessment tool for teens. \$60,000/ 3 yrs. 10/13 – 10/16 Role: PI. (Unfunded)

US Department of Education: Efficacy of Resilience Education for Increasing Persistence in and Completion of Postsecondary Education. Role: Co-PI (PI: Melissa DeRosier). Cornell subcontract: \$742,402. 4/13-3/17. (Unfunded).

National Institutes of Mental Health (R-01, NIMH): Targeted prevention of distress in college: A mindfulness program for parents. Role: co-Investigator (PI: Jacque Pistorello). Cornell Subcontract: \$194,485.00. 4/1/2013 to 9/30/2016 (Unfunded).

National Institute for Food and Agriculture /Smith-Lever: Linking evidence to practice: Web-based training for CCEs on adolescent non-suicidal self-injury and suicide . \$60,000/ 3 yrs. 10/12 – 10/15 Role: PI.

National Institutes of Health (NICHD): Parent Education and Resources for Self-injurious Youth. Role: Co-PI (PI:3-C Institute for Social Development). Phase I SBIR. Cornell subcontract: \$99,000. 8/1/2012 – 7/31/2013. (Funded).

US Department of Education: Effects of College Residential Settings on Academic Success and Mental Health. Role: Co-PI (PI: Daniel Eisenberg). Cornell subcontract: \$245,507. 8/1/11-7/31/14. (Under Review).

WT Grant Foundation: Effects of College Residential Settings on Social Connectedness, Mental Health, and Academic Success. Role: Co-PI (PI: Daniel Eisenberg). Cornell subcontract: \$245,507. 8/1/11-7/31/14. (unfunded).

Centers for Disease Control: Enhancing adolescent-adult connectedness with school-based suicide prevention. Role: Co-Investigator (PI: Peter Wyman). Cornell subcontract: \$120,650. 7/1/2011 – 6/30/2015. (unfunded).

National Institutes of Health: Teaching Parents Mindfulness/Acceptance to Prevent Suicidality in Undergraduates. Role: Co-Investigator (PI: Jacqueline Pistorello). Cornell subcontract: \$50,820. 7/1/2011 – 6/30/2015. (unfunded).

President's Council of Cornell Women: Friend2Friend: Helping peers notice and respond to friends in need. Role: PI. \$15,430. 7/1/11 – 6/30/12.

National Institute for Food and Agriculture /Hatch: Recovering from non-suicidal self-injury: Youth and parent experience, perspective and implications. \$60,000/ 3 yrs. 10/10 – 10/13. Role: PI

WT Grant Foundation: How Do Peers Influence Each Other's Mental Health and Help-seeking in College? \$422,482. 07/09 – 07/11. 12mo/year (20%) Role: Co-Investigator. PI: Daniel Eisenberg.

National Institutes for Mental Health: Center for Public Health and Population Interventions for Preventing Suicide (PHP-Center) \$1,351,280 (DC-yr 1). 04/09 – 03/13 2.4 Months (20%) Role: Subcontractor \$50,000 / yr for 2yrs). (Not funded).

American Foundation for Suicide Prevention: A prospective study of the relationship between non-suicidal self-injury and suicide in a college population. \$70,000 / 2 yrs. 10/08 – 10/10. Role: PI.

National Institute for Food and Agriculture /Smith-Lever: Youth-development based resources for preventing self-inflicted violence and promoting positive coping in adolescents. \$60,000/ 3 yrs. 10/07 – 10/10. Role: PI

Rochester Center for Brain Imaging: Neural mechanisms associating contextual stress and mental health in self-injurious college students. \$10,000/yr. 5/06 – 5/07. Role: Co-Investigator. PI: Dr. Kerry Knox, University of Rochester.

Centers for Disease Control. (Not funded). Adapting the USAF suicide prevention program to college campuses PA-06-039. 8/06-8/09. \$368,045. Role: Co-Investigator. PI: Dr. Kerry Knox, University of Rochester.

The Developing Center on Public Health and Population Interventions for the Prevention of Suicide. University of Rochester. Six college administration of the survey of mental health and well-being. \$15,000.00. 2/06 - 2/07. Role: PI

New York State Erie 1 BOCES. Cultivating school connectedness: Assessment & intervention. \$40,000.00/yr (4 years). 9/05 – 9/09. Role: PI

President's Council on Cornell Women Leadership Fund for Women. Self-injurious behavior. \$15,000.00/yr. (2 years) 7/05-7/07. Role: PI

College of Human Ecology Innovation and Seed Grant: Self-injury in young adults. \$7,000.00. 9/04 – 9/05, Role: PI

National Institute for Food and Agriculture /Smith-Lever: Youth development in New York State: A survey of capacity and need. \$15,000/yr. (2 years). 10/1/04 – 9/30/06. Role: PI

American Association of University Women Educational Foundation Dissertation Fellowship. Cultivating connectedness: Schools and communities as contextual climates for adolescent development. 7/1/02-7/1/03 (\$20,000)

Murray Research Center at Radcliffe Institute for Advanced Study at Harvard University Adolescent and Youth Dissertation Award. Factors that influence creation of supportive learning environments. 7/1/02-7/1/03 \$2,500

Cornell College of Human Ecology: Schools and communities as contexts for positive youth development: A study of adolescent perceptions of development-environment fit in school and community settings. 7/1/02-7/1/03. \$6,000.00. Role: PI.

INVITED TALKS and TRAININGS

2018. *Social media and youth: Where we are and where we are going* (March 14). Cornell Cooperative Extension - Walton.

2018 *Sexuality in the digital age*. Skorten Health Center, Cornell University (March 7).

2018. *Adolescence in the contemporary era*. (March 9). Delaware County BOCES.

2017. *Communicating self in a networked world*. Seventh Annual Youth Development Research Update (May 31).

2017 *The Cutting Edge: Self-Injury in Youth and Society*. (Oct. 25). Ithaca College Alpha Kappa Delta International Sociology Honor Society. Keynote Address

2017. *Life in the digital age: A conversation* (Sept 17). Lecture for Ithaca College Psychology of Adjustment course

2017. *Are you there? Digital media and relationships*. PRYDE conference on Media Literacy and Citizenship among Youth and Emerging Adults (Nov. 10). Ann Arbor, Michigan

2017. *Communicating Self in a Networked World*. Seventh Annual Youth Development Research Update (May 31). Keynote Address

2017. *Understanding, intervening in and preventing self-injury in youth* (June 6). 4-H Extension, Hamden, NY

2017. *Understanding, intervening in and preventing self-injury in youth* (June 6). State of Maine Division of Professional and Organizational Development Augusta, Maine

2017. *Self-injury detection and treatment* (May 12). CNY Prevention Conference. Syracuse, NY

2017. *Adolescence in the Millennial age: Non-suicidal self-injury, sexuality, and social media*. Identifying and Managing High Risk Youth in School and the Community (March 17). Delaware County BOCES.

2017. *Understanding, intervening in and preventing self-injury in youth* (March 29). UNM's Envision telemedicine series, New Mexico.

2017. *Sexuality in the digital age* (March 21). NYS Council on Adolescent Pregnancy, Albany, NY.
2017. Cornell Return to the Classroom Event (March 4). *Adolescents and social media*. Cornell University, Boston, Ma.
2017. *Understanding, intervening in and preventing self-injury in youth* (Jan 30). New York City Zone Conference.
2017. *Adolescent sexual health in the digital age*. (Jan 30). New York City Zone Conference.
2016. *The cutting edge: Self-injury in youth and society*. Talk for Ithaca College Annual Induction ceremony for Alpha Kappa Delta, the International Sociology Honors Society. Ithaca (Oct. 25)
2016. *Understanding and addressing self-injury in youth*. Utah Symposium on Self-Injury, Utah State Board of Education Widener University (September 29).
2016. *Understanding, intervening in and preventing self-injury in youth*. Annual Pandora's Box Conference. The Post Graduate Center, Institute for Graduate Clinical Psychology, Widener University (June 2).
2014. *The Cutting Edge: Understanding, intervening in and preventing self-injury in youth*. Identifying and Managing High Risk Youth in School and the Community (Oct 24). 1st Annual Rutgers University Behavioral Health Care Conference.
2014. *Self-injury in youth*. Monroe-Woodbury High School Staff and Professional development day (Sept 2).
2014. *Resilience and Thriving in College Students*. Renesslear Polytechnic Institute, NY (June 11).
2014. *Self-injury and Suicide prevention in College Students*. Renesslear Polytechnic Institute, NY (June 11).
2014. *Moving From Hurt to Healing: Understanding Self Injury*. Training for the Safe and Healthy Schools Coalition of Albemarle County, Charlottesville, Va (May 12).
2014. *Understanding and responding to self-injury in school settings*. Invited Webinar for the National Association of School Psychologists (April 29).
2014. *Non-suicidal self-injury in adolescence*. Invited Webinar for the Job Corp program (Feb 3).
2013. *College mental health and wellbeing*. Invited talk for the Ivy League Plus, Residential Life Meeting held at Cornell University. (Nov 6).
2013. *Adolescent wellbeing: Setting the stage for a well lived life*. Keynote address for the New York State Association of 4-H Cornell Cooperative Extension Educators Annual Conference, Lake Placid, New York. (Oct 15).
2013. *The cutting edge: Non-suicidal self-injury in adolescents and young adults*. Keynote address for the 3rd Annual Multidisciplinary Conference of the Orange County Institute for Trauma-Informed Care., Goshen, New York. (Oct 4).
2012. *The cutting edge: Non-suicidal self-injury in adolescents and young adults*. St. Bonaventure University (Nov 7).
2012. *The cutting edge: Non-suicidal self-injury in adolescents and young adults*. Orange-Ulster County parent and county extension educators, school and youth serving professionals, and parents (October 18).
2012. *The cutting edge: Non-suicidal self-injury in adolescents and young adults*. Orange-Ulster County parent and county extension educators, school and youth serving professionals, and parents (May 16 & 17).

2012. *The role of parents in adolescent mental health: They matter more than we thought*. Training for NYS Parent Education In-Service (Jan 26).
2011. *Non-suicidal self-injury in adolescents and young adults*. Training for Orange County parent and county extension educators (Nov 4).
2011. *Adolescent self-injury: Epidemiology, detection, and intervention*. Teleconference Training for NYS Office of Children and Family Services (Nov 3).
2011. *Adolescent self-injury: Identification and treatment*. South Carolina Annual Psychiatrists Association meeting. Columbia, South Carolina. (August 26).
2011. *Cultivating connectedness on college campuses: Preventing suicide through early intervention*. University of Michigan sixth annual Depression on College Campuses Conference. University of Michigan Depression Center. (March 29).
2010. *Pushing the envelope: Examining campus-based research*. 2010 Advancing Ethical Research Conference: Uniting People, Principles, and Practices. Hosted by: Public Responsibility in Medicine and Research (PRIM&R) (December 6).
2010. *The cutting edge: Non-suicide self-injury in adolescents and young adults*. Keynote for Linden Oaks at Edwards. Naperville, Ill. (November 12).
2010. *Self-injury in adolescents*. Plenary speaker for the “Adolescent Mental Health Challenges: from Angst to Calamity” conference. Holy Name Medical Center in Teaneck, New Jersey (June 30).
2009. *Self-injury in adolescents*. Talk given for the Knoxville County Health Department. Knoxville Tn (July 15).
2009. *Cultivating connectedness: School connectedness and youth*. Keynote talk for the Knoxville County Health Department. Knoxville Tn (July 15).
2009. *Self-Injury in Youth*. Keynote talk for the Annual Schuyler County Task Force on Child Abuse. Montour Falls, NY (June 11).
2009. *Non-suicidal self-injury in adolescents and young adults*. Grand Rounds for Atlantic Health System, Morristown, NJ (May 21 & 22)
2009. *Adolescent Self-Injury: Prevalence, Causes and Effective Treatment Tools and Strategies*. Training for Region 6 Behavioral Healthcare Conference, Omaha, NE (May 7).
2009. *Non-suicidal self-injury in adolescents and young adults*. Grand Rounds for Bassett Health Care, Corning, NY (March 20)
2008. *The epidemic of self-harming behaviors: Social, cultural, and contextual factors*. Plenary Speaker for Harvard Medical School Department of Continuing Education (June 6-7).
2008. *Self-injury in Schools*. Plenary Speaker for the New York State Department of Health Conference for School-Based Health Clinics (April 16).
2008. *The cutting edge: Self-injury and mental health on college campuses*. University of Rochester. (March 25).
2008. *Stress, coping, and well-being at U of R: Results of the 2006 survey of student wellbeing*. University of Rochester. (March 25).

2008. *Applying Youth Development Frameworks on College Campuses: The Role of Relationships, Engagement, and Meaning*. Panelist for University of Michigan sixth annual Depression on College Campuses Conference. University of Michigan Depression Center. (March 18).
2008. *Non-Suicidal Self-injury and Recovery: What students say about why they started, how they stop, and what they learned along the way*. Invited workshop for University of Michigan sixth annual Depression on College Campuses Conference. University of Michigan Depression Center. (March 19).
2007. *No child left alone: Fostering supportive learning environments in school settings*. Keynote for the Annual NYS School Counselor Association Meeting. (Nov 9).
2007. *The cutting edge: Self-injury and mental health on college campuses*. Harvard University. (Oct 19).
2007. *Stress, coping, and well-being at Harvard: Results of the 2006 survey of student wellbeing*. Harvard University. (Oct 18).
2007. *The cutting edge: Non-suicidal self-injury on college campuses*. Plenary speaker for New York College Health Association / New England College Health Association. (Oct. 12).
2007. *Promoting positive youth development in the 21st century*. Keynote for the Annual New York State Advancing Youth Development Conference. Hudson, NY (June 9).
2007. *Self-injury in college students*. Opening plenary panel speaker for University of Michigan fifth annual Depression on College Campuses Conference. University of Michigan Depression Center. (March 19-20).
2007. *Raising Cain: The roots of juvenile crime*. Speaker for Ithaca High School Nosanchuck Lecture Series (March, 9).
2007. *The cutting edge: What parents should know about self-injurious behavior*. Webcast for Cornell Cooperative Extension Parent Educators. (February 28). (see http://www.parenting.cit.cornell.edu/events_web.html for webcast).
2006. *Self-injury in adolescents*. Closing Plenary for 2006 New York State Youth Bureau Conference. (Oct. 18).
2006. *Cultivating connectedness: Enhancing school success through positive climate and culture*. New York State Youth Bureau Conference. (Oct. 17).
2006. *Teens, self-injurious behavior and influencing/contributing factors*. New York State Department of Health T2B2 live Broadcast. (Oct. 19) (see <http://www.albany.edu/sph/coned/t2b2injurious.htm> for webcast).
2006. *Cultivating school connectedness*. Opening Plenary keynote for Montgomery County Safe and Drug Free Schools Conference. University of Maryland. (June 19).
2006. *The cutting edge: Self-injury in adolescents*. Panel discussant for Oneida-Boces Parent/School Summit. (Jan. 23).
2005. *Cultivating school connectedness: A participatory approach to assessment and intervention for enhancing school connectedness*. Keynote talk for Buffalo Public Schools School Connectedness Kick-off event. Buffalo, NY (Nov. 28).
2005. *Cultivating connectedness at school*. NY Center of School Health. Syracuse, NY. (Aug 3.).
2005. *Connectedness matters*. NYS “Destination Diploma” Conference. Albany, NY (March 21.).
2005. *Preliminary findings from the study of self-injury in young adults and adolescents*. Princeton Self-Injury Study Partners, College Deans and Directors, and interested others. Princeton. NJ. (Aug, 5.,).

2004. *Promoting school connectedness*” New York State Education Department Alternative Education Planning Council. Albany, NY. (November 4.).
2004. *If I felt like I meant something: The role of community connectedness in prevention efforts*. New Hampshire Substance Abuse Conference. Whitefield, NH. (October 26.).
2004. *School connectedness in 8th, 10th, and 12th grade youth*. New York State Teachers Union Conference. Albany, NY. (October 25.).
2002. *Overview of youth development frameworks and state level surveys*. Assistant Secretary for Planning and Evaluation Youth Indicators Meeting hosted by US Department of Health and Human Services. Washington D.C (April 25.).
2002. *Promoting youth engagement: Adolescent perceptions of school and community support*. New York State Integrated County Planning Partners Meeting hosted by New York State Office of Family and Youth Services. Syracuse, NY. (June 4).
2000. *Youth development frameworks*. New York State Integrated County Planning Partners Meeting hosted by New York State Office of Family and Youth Services. Syracuse, NY. (September 27-28).

CONFERENCE PAPERS

- Chapman, J. & **Whitlock, J.** (2019, February). *Social media influencers: Followers’ perceptions and self-concept*. Poster presented at the 20th Annual Convention of the Society for Personality and Social Psychology, Portland, OR.
- Ding, D., Purington, A., & **Whitlock, J.** (2018). *Understanding the facilitators and barriers to sexual violence prevention programming for rural and tribal youth in New York State*. Poster presentation. Annual Biomedical Research Conference for Minority Students
- Taliaferro L, Muehlenkamp J, Westers N, & **Whitlock J.** (2018) *Adult and friend connections and non-suicidal self-injury among adolescents: mediating role of developmental assets*. Society for Research on Adolescence. Minneapolis, MN, April 12-14.
- Lewis, S.P., Baetens, I, Hasking, P., Heath, N., Muehlenkamp, J, Plener, P, **Whitlock, J.**, & Wilson, M. (2017). *Beyond the classroom: Other considerations when addressing self-injury in educational settings*. Panel discussion. 12th Annual International Society for the Study of Self-Injury Conference, Philadelphia, USA.
- Baetens, I., **Whitlock, J.**, Lewis, S.P., & Arbuthnott, A. (2017). *Self-injury and the family: State-of-the field knowledge, implications, and future directions*. Panel discussion. 12th Annual International Society for the Study of Self-Injury Conference, Philadelphia, USA.
- Hasking, P., Heath, N.L., Kaess, M., Lewis, S.P., Plener, P.L., Walsh, B.W., **Whitlock, J.**, & Wilson, M.S. (2016). *International consortium on self-injury in educational settings. (ICSES)*. 11th Annual International Society for the Study of Self-Injury Conference, Eau Claire, Wisconsin, USA.
- Health, N, Hasking, P., Plener, P., **Whitlock, J.**, Bloom,, Finn. (2016) *International response to self-injury in schools*. Paper presentation at the International School Psychology Association (ISPA) in Amsterdam, July 20-23
- Whitlock, J** & Heath, N. (2016). *Non-suicidal self-injury as a gateway to suicide in young adults: Implications for school programs*. 38th International Conference of the International School Psychology Association (ISPA). Amsterdam, The Netherlands.
- Whitlock, J.** (2016) *Applying the trans-theoretical model of change to NSSI: Implications for assessment and intervention*. Paper accepted for presentation at the Annual Meeting of the International Society for the Study of Self-Injury. Eau Claire, Wisconsin.
- Steakley-Freeman D.M., & **Whitlock, J.L.** (2016). *The Function Accumulation Model of Non-Suicidal Self-Injury*. Paper

presentation at the Annual Meeting of the International Society for the Study of Self-Injury. EuClaire, Wisconsin.

Hasking, P., Heath, N., Kaess, M., Lewis, S., Plener, P., Walsh, B., **Whitlock, J.**, Wilson, M. (2016). *Guiding response to non-suicidal self-injury in schools*. Paper for presentation at the Annual Meeting of the International Society for the Study of Self-Injury. EuClaire, Wisconsin.

Choi, Y., Bazarova, N., **Whitlock, J.**, Cosley, D., & Sosik, V. *Psychological Distress and Emotional Expression on Facebook*. Paper session presented at the 2016 SRA Biennial Meeting. (March 31), Baltimore, MD.

Steakley-Freeman, D.M., Wesselmann, E.D., & **Whitlock, J.L.** (2015) *Assessing Clinical Complexity: Evidence for Network-Based Prediction of Suicidal Ideation*. Poster to be presented at the Annual Meeting of the Association for Psychological Science. New York, NY.

Bazarova, N. N., Choi, Y. H., Sosik, V., Cosley, D., & **Whitlock, J.** (2015). Social sharing of emotions on Facebook: Channel differences, satisfaction, and replies. Computer-supported Cooperative Work (CSCW 2014), March 14-18, Vancouver, Canada.

Paul E., Tsypes A., Ernhout C., Eidlitz L., & **Whitlock J.** (2015). Associations of non-suicidal self-injury characteristics and suicidal thoughts and behaviors. Poster presentation at International Association for Suicide Prevention meeting, Montreal, Canada (June 16-20).

Whitlock, J. (2015). *Self-injury and recovery: A course for youth serving professionals*. Paper submitted for symposia presentation at International Association for Suicide Prevention meeting, Montreal, Canada (June 16-20).

Prussien, K & **Whitlock, J.** (2014, March). *Parent-child agreement in understanding the what and why of child non-suicidal self-injury*. Poster session presented at the 2014 SRA Biennial Meeting. (March 21), Austin, Tx.

Whitlock, J. (2013, April). *Non-suicidal self-injury as a gateway to suicide in young adults*. Paper Symposium: Developmental Factors Related to Non-Suicidal Self-injury from Late Childhood to Young Adulthood. Society for Research on Adolescence, Seattle, Wa (April 18-20).

Morgan, R., **Whitlock, J.**, & Purington, A. (2012, June). Development of a six stage recovery model for non-suicidal self-injury. Poster session presented at the 7th annual meeting of the International Society for the Study of Self-Injury (ISSS), Chapel Hill, NC.

Whitlock, J. (2012, March). *Ethical considerations in engaging vulnerable populations in self-harm research*. Roundtable talk at Society for Research on Adolescence, Vancouver, Canada.

Whitlock, J. (2012, March). *Adolescent self-harm across culture and context: Similarities and differences in risk and protection*. Roundtable talk at Society for Research on Adolescence, Vancouver, Canada.

Hanly, A., Pietrusza, C., Gluck, M., & **Whitlock, J.** (2011, June). *The ethics of self-report surveys assessing non-suicidal self-injury and other sensitive topics*. Poster session presented at the 6th annual meeting of the International Society for the Study of Self-Injury (ISSS), New York, NY.

Pietrusza, C., Rothenberg, P., & **Whitlock, J.** (2011, June). *Reaching out: The role of disclosure and support in non-suicidal self-injury*. Poster session presented at the 6th annual meeting of the International Society for the Study of Self-Injury (ISSS), New York, NY.

Whitlock, J., & Purington, A. (2011, June). *Parent experiences of child self-injury: Key processes and events*. Paper presented at the 6th annual meeting of the International Society for the Study of Self-Injury (ISSS), New York, NY.

Whitlock, J., & Purington, A. (2011, June). *Validity and reliability of the Non-Suicidal Self-Injury Assessment Tool (NSSI-AT): Why use the NSSI-AT?* Poster session presented at the 6th annual meeting of the International Society for the Study of Self-Injury (ISSS), New York, NY.

- Kutcher, R., Evans, G.W., **Whitlock, J.**, & Swisher, R. (2011) *Social capital, poverty, and adolescent mental health*. Society for Research in Child Development.
- Pietrusza, C., Shea, S., & **Whitlock, J.** (2011, June). *Recovering from non-suicidal self-injury: The role of therapy in the recovery process*. Poster presented at the International Society for the Study of Self Injury 6th annual conference, New York, NY.
- Whitlock, J.** (2010, Dec). *Pushing the Envelope: Examining Campus-Based Research & Panel Follow-Up: Pushing the Envelope: Examining Campus-Based Research*. Plenary panel and follow-up discussion presented at the Advancing Ethical Research Conference; Public Responsibility in Medicine and Research. San Diego, Ca.
- Pistorello, J., MacLane, C., Vilatte, J., Daflos, S., Hayes, S., **Whitlock, J.**, Seeley, J., and Biglan, T. (2010) *Non-Suicidal Self-Injury (NSSI) among College Student Freshmen: Prevalence, Demographic Patterns, and Co-Occurring Behaviors*. ABCT.
- Eisenberg, D, Golbersten, E. **Whitlock, J.**, Downs, M. (2010). *Peer effects on mental health and help-seeking behavior: Evidence from college roommates*. Oral presentation at the American Society of Health Economists (ASHE) Biennial Conference, Ithaca, NY (June).
- Eisenberg, D, Golbersten, E. **Whitlock, J.**, & Downs, M. (2010). *Peer effects on mental health and help-seeking behavior: Evidence from college roommates*. Poster presentation at the Annual Research Meeting of AcademyHealth, Boston, MA (June).
- Eisenberg, D, Golbersten, E. **Whitlock, J.**, & Downs, M. (2010) *Social contagion of mental health and help-seeking behavior: Evidence from college roommates*. 15th NIMH Biennial Research Conference on the Economics of Mental Health (Sept 28).
- Bubrick, K., Goodman, J. & **Whitlock, J.** (2010). *Developing and Implementing School Protocol for Non-Suicidal Self-Injury (NSSI)*. The 5th meeting for the International Society for the Study of Self Injury. (June 25th).
- Pietrusza, C., Shea, S. & **Whitlock, J.** (2010). *Recovering from non-suicidal self-injury: The role of therapy in the recovery process*. The 5th meeting for the International Society for the Study of Self Injury. (June 25th).
- Whitlock, J.** (2010). *The temporal relationship between non-suicidal self-injury and suicide: gateway or getaway?* The 5th meeting for the International Society for the Study of Self Injury. (June 25th).
- Whitlock, J.** & Redondo, J (2010). *Non-suicidal self-injury and youtube*. The 5th meeting for the International Society for the Study of Self Injury. (June 25th).
- Eisenberg, D, Golbersten, E. **Whitlock, J.**, & Downs, M. (2010) *Peer effects on mental health and help-seeking behavior: Evidence from college roommates*. Oral presentation at the American Society of Health Economists (ASHE) Biennial Conference, Ithaca. (June 6th).
- Eisenberg, D, Golbersten, E. **Whitlock, J.**, & Downs, M. (2010). *Peer effects on mental health and help-seeking behavior: Evidence from college roommates*. Poster presentation at the Annual Research Meeting of AcademyHealth, Boston, (June).
- Whitlock, J** (2009). *Gender Differences in Non-Suicidal Self-Injury in a College Population*. American Psychological Association (August 9).
- Whitlock, J.** & Purington, M. (2009). *NSSI in Youth and Young Adults: Emerging Findings from the 8 College Study*. The 4th Annual Meeting of the International Society for the Study of Self-Injury. (June 24)
- Purington, M., **Whitlock, J.**, & Pochtar, R. (2009). *NSSI Non-Suicidal Self-Injury in Secondary Schools: Adult and Youth Perspectives*. The 4th Annual Meeting of the International Society for the Study of Self-Injury. (June 24)

- Whitlock, J.** (2008) *A comparison of methods used to change setting level factors salient in the promotion of positive youth development.* Society for Research on Adolescence. Chicago, IL (March 9).
- Muehlenkamp, J, **Whitlock, J.L.** (2007). *Toward Evidence-Based Classification and Assessment of Non-Suicidal Self-Injury.* Association for Behavioral and Cognitive Therapies. (Nov. 15).
- Whitlock, J.L.,** Lezine, D., Matthieu, M., Cross, M., & Knox, K. (2007). *The Survey of Student Wellbeing: Risk and Protective Factors for Preventing Adverse Mental Health Outcomes among College Students.* Society for Prevention Research., Washington D.C. (May 31).
- Whitlock, J.L.,** & Cummings, N. (2006). *Self-injurious behavior in a college population: Research and survey development.* American College Health Association Annual Meeting. New York, NY (June 3).
- Whitlock, J.L.** (2006). *Translating youth development theory to youth development practice.* Society for Research in Adolescence. San Francisco, CA (March, 24). (Organizer & Symposium Chair).
- Whitlock, J.L.** & Eckenrode, J.E. (2006). *The prevalence and nature of self-injurious behavior in young adults.* Society for Research in Adolescence. San Francisco, CA (March, 24). (Organizer & Symposium Chair).
- Powers, J.L., **Whitlock, J.L.,** & Eckenrode, J.E. (2006). *Adolescent Self-Injury and Technology.* Society for Research in Adolescence. San Francisco, CA (March, 24). (Organizer & Symposium Chair).
- Whitlock, J.L.** (2005). *Mobilizing communities for suicide prevention: Lessons from ACT for youth*” Suicide Prevention Symposium. Saratoga Springs, NY (Nov 14-15)
- Whitlock, J.L.** (2005). *Communities as contexts for adolescent growth and development.* Society for Study of Human Development. Aislar, CA (October, 28.). (Chair & Organizer).
- Whitlock, J.L.** (2005). *The cutting edge: Adolescent self-injury.* New York State Association of Youth Bureaus Annual Meeting. Rochester, NY (October, 25).
- Whitlock, J.L.** (2005). *Adolescent connectedness to community.* New York State Association of Youth Bureaus Annual Meeting. Rochester, NY (October, 26).
- Whitlock, J.L.** (2004). *Youth surveys: From assessment to action.* National Conference for Family Relations. Orlando, FL. (November 18, 2004.).
- Whitlock, J.L.** (2004). *Cultivating connection to school among 8th, 10th, and 12th grade youth.* 132nd American Public Health Association Annual Meeting. Washington DC. (November 10.).
- Whitlock, J.L.** (2004). *Is senioritis inevitable? The mismatch between perceived developmental need and developmental support in schools.* Roundtable Paper Discussion for the American Educational Research Association. San Diego, Ca. (April 16).
- Whitlock, J.L.** (2004). *Understanding adolescent connectedness to school and community.* Paper Symposium at the Tenth Biennial Meeting for the Society for Research on Adolescence. Baltimore, Md. (March 13.). (Organizer and Symposium Chair).
- Whitlock, J.L.,** & Powers, J.L. (2003). *Meeting the evaluation challenge: Reasonable and feasible approaches to evaluating youth development in programs, schools, and communities.* Association of NYS Youth Bureaus. Syracuse, NY. (October 27).

Whitlock, J.L. (2002). *School and community contexts for positive youth development: A study of adolescent perceptions of stage-environment fit in school and community settings*. Poster presentation at the Ninth Biennial Meeting for the Society for Research on Adolescence. (April 14).

Whitlock J.L. (2002). *Attitudes and opportunities: Creating climates conducive to youth-adult partnerships through strengthening adolescent connections to school and communities*. Association of NYS Youth Bureaus. Syracuse, NY. (October 28).

Whitlock, J.L. (2000). *Do they care? Changes and correlates of a compassion orientation in High School age youth, 1976 – 1998.* Presented at the 95th Annual meeting of the American Sociological Association, Youth Development refereed roundtable, Washington, D.C. (August).

Whitlock, J.L. (1997). *Integrating HIV prevention theory with practice*. New Mexico HIV Symposium. Roswell, New Mexico. (March 26).

Whitlock, J.L. (1996). *Community planning and organizing in New Mexico*. UNIDOS Conference. Santa Cruz, New Mexico. (May 19).

Whitlock, J.L. (1994). *Abstinence & beyond: Enhancing decision making and communication skills for youth*. North Carolina Sexuality Education Summit. Chapel Hill, North Carolina. (October 14).

Whitlock, J.L. (1994). *Healthy Start: Working with Parents and Early Childhood Educators to Promote Healthy Sexual Development in Young Children*. North Carolina Professional Training Institute. Raleigh, North Carolina. (December 6).

Whitlock J.L. (1992). *Young women's development and sex role stereotypes*. ASSET Conference, Olympia, Washington. (February 19).

Whitlock, J.L. (1992). *Working with youth to prevent sexual assault*. Northwest Institute for Community Health Education Conference, Seattle, Washington. (June 15).

SOCIAL MEDIA

Websites and Social Media Presence

Cornell Research Program on Self-Injury and Recovery (CRPSIR): www.selfinjury.bctr.cornell.edu

ShareSoMe: Information and Outreach Materials from the Sharing and Support in Social Media Research Group at Cornell University: blogs.cornell.edu/sharesome

Blogs

Psychology Today, Youth and Consequences

GoodMenProject. (August 24, 2014). An open letter to my son about sex. [Blog post]. Available at: <http://goodmenproject.com/featured-content/an-open-letter-to-my-son-about-sex-gmp/>

Psychology Today, Youth and Consequences. (2018, December 21). Adolescent Communications 101: Five Tips for the Holidays. [Blog post]. Available at: <https://www.psychologytoday.com/us/blog/youth-and-consequences/201812/adolescent-communications-101-five-tips-the-holidays>

Psychology Today, Youth and Consequences. (2010, March 17). Searching for solutions in the wake of suicide. [Blog post]. Available at: <http://www.psychologytoday.com/blog/youth-and-consequences/201003/searching-solutions-in-the-wake-suicide>

Psychology Today, Youth and Consequences. (2010, February 11). Speaking the soul: Why kids cut and what we can do about it. [Blog post]. Available at: <http://www.psychologytoday.com/blog/youth-and-consequences/201002/speaking-the-soul-why-kids-cut-and-what-we-can-do-about-it>

Psychology Today, Youth and Consequences. (2010, January 6). Why teens addict: The elusive search for happiness. [Blog post]. Available at: <http://www.psychologytoday.com/blog/youth-and-consequences/201001/why-teens-addict-the-elusive-search-happiness>

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Zinn, M (Director). 2014. Self-inflicted [DVD]. United States (Available from Human Relations Media). Access summary at <http://www.monicazinn.com/self-inflicted.html>

Bare, Ili (Director). 2010. The silent epidemic [DVD]. Australia. (Available from: Beyond production; Northern Pictures). Access summary at: <http://www.selfinjury.bctr.cornell.edu/resources.html#tab6>

Program summaries

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Radio Health Journal, (January 27, 2010)

"Your Time with Kim Iverson" (January 27, 2010)

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Children's Health on Ideastream (Cleveland PBS radio & TV): "The Paradox of cutting" listen at: <http://www.wcpn.org/podcast/audio/2006/06/0606nine.mp3>

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Fabian, Renee (2017, July 20) How parents can support a child who self-injures. *The Washington Post*.

Dastagir, A. (2017 May, 2). The cutting storyline in '13 Reasons Why' is scary but true. *USA Today*. Retrieved from <https://www.usatoday.com/>

Alvarez, E. (2017, April 18). Murders, suicides and rapes: Facebook's major video problem. *Engadget*. Retrieved from <https://www.engadget.com/2017/04/18/facebook-video-steve-stephens/>

Fabian, Renee. (2017, March 21). Why aren't there more resources for adult self-injurers?. *The Fix*. Retrieved from <https://www.thefix.com/why-arent-there-more-resources-adult-self-injurers>

Wishingrad, Emily. (January 16, 2017). Can instagram's new tool really help users who self-harm? *PBS News Hour*. Retrieved from: <https://www.pbs.org/newshour/health/instagrams-new-tool-really-prevent-self-harm>.

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Premack, R. The Ringer. (October 24, 2016), Tumblr's depression connection. Retrieved from: <https://www.theringer.com/2016/10/24/16041350/tumblr-communities-depression-mental-illness-anxiety-c2ca927cd305#.h0iafmczmz>

Chicago Tribune, *Those who self-injure actually want to feel less pain* (October 9, 2015).

Solomon, S. (August 21, 2015). How tattoos can ease the emotional pain of self-harm. *Vice News*.

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Orson, Diana.(April 2015) Self-injury and mental illness: A story of recovery. *WNPR*

Desert News National. The Internet and depression: How seeking community can cause harm. (Leslie Corbly, Feb 25 2015).

Aeon Magazine, Why self-harm? Cutting brings relief because emotion and pain criss-cross in the brain. Can we untangle the circuits and stop self-harm? (Carrie Arnold, October 13, 2014). Link: <http://aeon.co/magazine/health/how-neuroscience-explains-the-urge-to-self-harm/>)

US News and World Report. Myths and Facts about Self-Injury. (Kristin Fawcett, December 26th, 2014)
<http://health.usnews.com/health-news/health-wellness/articles/2014/12/26/myths-and-facts-about-self-injury>.

Today Parents, Generation stress? How anxiety rules the secret life of teens (A. Pawlowski, September 17, 2014)

Fox News, Cutting and self-harm: Is your kid doing it? (Julie Revelant, March 16, 2014)

Reuters, Self-injury information available online, but rarely accurate (Andrew M. Seaman, March 27, 2014)

New York Times, How a college roommate can affect your child (Perri Klass, M.D., February, 24, 2014)

Wayne Post, “Scars of a different battle: Why do people self-harm?” (Melody Burri, February 16, 2014)

Reuters, “Online forums a ‘mixed bag’ for depressed youth (Genevra Pittman, October 30, 2013)

The Boston Globe, Facing the puzzling urge to self-injure (Kay Lazar, March 11, 2013)

The Los Angeles Times, The Florida Sun Sentinel, “Increase in Self-Embedding” (Shari Roan, January 7, 2009)

The New York Times, “The Growing Wave of Teenage Self-Injury” (Jane Brody, May 6, 2008)

Chronicle of Higher Education, “Are We Facing an Epidemic of Self-Injury? (Joan Brumberg, December 6, 2006)

Associated Press, “17 Pct. at 2 Schools Practice Self-Abuse” (Lindsey Tanner, June 5, 2006).
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Inside Higher Ed, “Self-Injury Epidemic” ([Rob Capriccioso](#), June 5, 2006)

Reuters, “High rate of self-harm seen among college students” (Anne Harding, June 8, 2006)

CBS News, “Pros And Cons Of Kids' Web Use: Studies Show Mix Of Potential Benefits, Risks When Kids Go Online” (Miranda Hitti, May 1, 2006)

Kansas City Star “Internet sites encourage self-injuring” (Karen Uhlenhuth, May 1, 2006).

MTV News, “Dangerous Relief: Teens Increasingly Turn To Self-Abuse To Cope With Stress” (Shana Leonard, June 13, 2006)

Service

2014 - current	Appointed faculty liaison for Cornell College of Human Ecology to Cornell Engaged Learning + Research initiative
2014	Member of the Diversity Research Project--College Transition Collaborative
2014 - current	Board Member, JED Foundation
2014 - current	Advisor, CrisisText line
2012 – current	Ad Hoc Member, International Society for the Study of Self-Injury
2014	Appointed member, Cornell Council on Sexual Violence Prevention
2014	Appointed member, CSVP Research and Evaluation Workgroup
2012	Funding proposal Reviewer: <i>American Institute of Biological Sciences</i>
2010 – current	Appointed member, Cornell Council on Mental Health and Wellbeing
2011 –current	Appointed member, Cornell Mental Health Programmers Workgroup
2009 – 2010	Faculty Fellow, Cornell University
2008	Appointed to serve on Cornell Institutional SAS Research Group.
2008	Participant in the CALS Leadership Training program, Cornell University (Jan 6-10).
2010	Funding proposal Reviewer: <i>American Institute of Biological Sciences</i>
2009 -2010	President, <i>International Society for the Study of Self-Injury</i>
2007- 2008	Chair of the Research Group for the New York State Youth Development Team
2008	Selected to participate in the College of Life Sciences Leadership Retreat of 2008.
2005 – current	Member, Cornell Council on Mental Health and Wellbeing Research Group
2006 – 2008	Member – Advisory Committee for School Connectedness of the Center for Social and Emotional Learning
2006 – 2008	Member of the Supportive Learning Environments Advisor Council for the New York State Department of Education Steering Committee on Supportive Learning Environments
2005 – 2006	Member, New York State Positive Outcome Indicators Working Group
2006	Reviewer for Research on Adolescence Biennial Conference: Adolescence Conference: Social, Emotional, and Personality Processes
2006	Member, Society for Research on Adolescence Award Committee for Outstanding Dissertation and Distinguished Contribution in Adolescent Research

Ad Hoc Peer Reviewer:

Child Development
Child Abuse and Neglect
Archives of Suicide Research
Suicide and Life Threatening Behavior
Pediatrics
Psychiatry Research
Harvard Review of Psychiatry
Social Psychiatry and Psychiatric Epidemiology
Developmental Psychology
American Journal of Public Health
Psychological Medicine
Journal of Consulting and Clinical Psychology
Journal of Applied Developmental Psychology
Prevention Science
Applied Development Science
The Journal of Early Adolescence
Journal of Adolescence
Journal of Adolescent Research
Family Relations
Psychiatric Times
American Journal of College Health
Symbolic Interaction

Professional Membership

Founder and past president – Society for the Study of Self Injury (ISSS)
Society for the Research of Adolescence
American Public Health Association
Society for Study of Human Development

TEACHING

Courses Taught

Spring 2014	Translational Research Cornell University, Bronfenbrenner Center for Translational Research
Fall 2004 – Fall 2011	Risk and Opportunity in Childhood and Adolescence Cornell University, Department of Human Development
Summer 2003	Adolescent Development Cornell University, Department of Human Development
Fall 1988	Contemporary Issues in Sexuality and Gender University of California at Berkeley, Student Instructor through <i>Democratic Education at Cal</i> program

Teaching Areas

Translational Science and Research
Human Development (specialization in adolescence)
Health Behavior Theory and Prevention Strategies
Social and Emotional Health in Child and Adolescence
Community-Based Research and Translation into Policy and Practice
Developmental Contexts for Social, Emotional, and Identity Development
Youth Development Research and Frameworks: From Theory to Practice
Survey Design and Development
Reproductive Health in Context and Policy

EMPLOYMENT HISTORY

<i>Senior Research Associate & Lecturer</i> Family Life Development Center, Cornell University	January 2005 – October 2007 Ithaca, NY
<i>Research Associate</i> Family Life Development Center, Cornell University	January 2005 – October 2007 Ithaca, NY
<i>Statewide HIV Prevention Director</i> HIV Coordinating Council of New Mexico	May 1996 to September 1997 Albuquerque, NM
<i>Child Immunization Project Director</i> San Diego County Infant Immunization Initiative	October 1995 to May 1996 San Diego, California
<i>Director of Education and Training</i> Planned Parenthood of the Capital and Coast	May 1994 to January 1995 Raleigh, North Carolina
<i>Research Assistant</i> University of North Carolina at Chapel Hill	August 1992 to May 1994 Chapel Hill, North Carolina

Community Health Educator
Planned Parenthood of Snohomish County

January 1990 to July 1992
Everett, Washington

Clinic Manager
Aradia Women's Health Center

October 1986 to January 1990
Seattle, Washington

SELECTED PRE-ACADMEMIC CONSULTANCIES

Researcher
Town of Amherst Safe and Drug Free Communities Task Force

2005
Amherst, New York

AIDS WORK Evaluation Consultant
AIDS WORK

1998 - 2000
Ithaca, New York

***Project Director: Southwest Youth HIV Prevention
and Education Summit***
Centers for Disease Control & Prevention

1996-1997
Albuquerque, New Mexico

International Family Planning Training Consultant
Andean Rural Health Care

Summer 1993
Carabuco, Bolivia

Maternal and Child Outreach Project Evaluator
Maternal and Child Outreach Project

Fall – Winter 1993
Raleigh, North Carolina

HIV/AIDS Research Consultant
AIDS Impact

Fall – Winter 1993
Chapel Hill, North Carolina

Community Health Needs Assessment Consultant
Alamance County Health Department

1992-1993
Alamance County, North Carolina