

SARAH JAMES

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EMPLOYMENT

Cornell University, Ithaca, New York, USA

Frank H.T. Rhodes Postdoctoral Fellow, Cornell Population Center, 2019 – present.

Affiliate, Center for the Study of Inequality, 2019 – present.

EDUCATION

Princeton University, Princeton, New Jersey, USA

Ph.D. in Sociology and Social Policy with a concentration in Demography, 2019.

M.A. in Sociology, 2015.

Rice University, Houston, Texas, USA

B.A. in Sociology and Minor in Business, 2012.

MANUSCRIPTS IN PREPARATION

Gard, Arianna, **Sarah James**, Jeanne Brooks-Gunn, Sara S. McLanahan, Colter Mitchell, Christopher Monk, Luke Hyde. “Deadly Gun Violence, Risk, and Resilience: Pathways to Adolescent Mental Health through Corticolimbic Function.”

Meyer, Jess, Kathleen Mullan Harris, **Sarah James**, and Lauren Gaydosh. “Do Sleep Duration Trajectories from Adolescence to Mid-Adulthood Differ by Socioeconomic Background and Race?”

James, Sarah, Sara McLanahan, Jeanne Brooks-Gunn. “Contributions of the Fragile Families and Child Wellbeing Study to Child Development.” Invited submission, *Annual Review of Developmental Psychology*.

MANUSCRIPTS UNDER REVIEW

James, Sarah. “Disparities in Trajectories of Childhood Sleep Duration: Race/Ethnicity, Nativity, and Socioeconomic Differences.”

James, Sarah, Sarah Gold, Shiva Rouhani, Sara McLanahan, and Jeanne Brooks-Gunn. “Adolescent Exposure to Deadly Gun Violence Within 500 Meters of Home or School: Ethnoracial and Income Disparities.”

PEER-REVIEWED PUBLICATIONS

James, Sarah, Anne-Marie Chang, Orfeu Buxton, and Lauren Hale. 2020. “Disparities in adolescent sleep health by sex and ethnoracial group.” *SSM - Population Health*.

James, Sarah, Louis Donnelly, Jeanne Brooks-Gunn, and Sara McLanahan. 2018. "Links between Childhood Exposure to Violent Contexts and Risky Adolescent Health Behaviors." *Journal of Adolescent Health* 64:94-101.

James, Sarah and Lauren Hale. 2017. "Sleep Duration and Child Wellbeing: A Nonlinear Association." *Journal of Clinical Child and Adolescent Psychology* 46(2):258-268.

James, Sarah, Sara McLanahan, Jeanne Brooks-Gunn, Colter Mitchell, Lisa Schneper, Brandon Wagner, and Daniel Notterman. 2017. "Sleep Duration and Children's Telomere Length." *The Journal of Pediatrics* 187:247-252e.

Selected media coverage: [The New Scientist](#), [The Huffington Post](#), [U.S. News & World Report](#)

Donnelly, Louis, Irwin Garfinkel, Jeanne Brooks-Gunn, Brandon Wagner, **Sarah James**, and Sara McLanahan. 2017. "The Geography of Intergenerational Mobility and Child Development." *Proceedings of the National Academy of Sciences* 114(35):9320-9325.

Hale, Lauren, Erin Emanuele, and **Sarah James**. 2015. "Recent Updates in the Social and Environmental Determinants of Sleep Health." *Current Sleep Medicine Reports* 1(4):212-217.

Ecklund, Elaine Howard, **Sarah James**, and Anne E. Lincoln. 2012. "How Academic Biologists and Physicists View Science Outreach." *PLoS ONE* 7(5):e36240.

OTHER PUBLICATIONS

Hale, Lauren, **Sarah James**, Qian Xiao, Martha E. Billings, and Dayna A. Johnson. 2019. "Neighborhood Factors Associated with Sleep Health." Chapter 7 in *Sleep and Health*, edited by Michael Grandner. Elsevier.

James, Sarah and Lauren Hale. 2018. "Sleep Duration and Child Wellbeing: A Nonlinear Association." Chapter 8 in *Sleep and Developmental Psychopathology*, edited by Lisa J. Meltzer. New York: Routledge.

Hale, Lauren and **Sarah James**. 2017. "Sociodemographic, Psychosocial, and Contextual Factors in Children's Sleep." Chapter 8 in *Family Contexts of Sleep and Health across the Life Course*, edited by S.M. McHale, V. King, and O. M. Buxton. New York: Springer.

McLanahan, Sara, Thema Bryant-Davis, Caroline Holcombe, **Sarah James**, Tyonna Adams, and Anthea Gray. 2014. "An Epidemiological Study of Children's Exposure to Violence in the Fragile Families Study." *Robert Wood Johnson Foundation Policy Brief* August 2014.

AWARDS AND HONORS

2018-2019	University Administrative Fellowship, Princeton University
2016-2018	Fellowship of Woodrow Wilson Scholars, Princeton University
2014	Distinction on General Exams, Princeton University
2012	Weber-Durkheim Award for Excellence in Sociology, Rice University

GRANTS

2015-16, 2018	Dean's Fund for Scholarly Travel, Princeton University
2015	Sociology Department Travel Grant, Princeton University

PRESENTATIONS AT PROFESSIONAL MEETINGS

Meyer, Jess, Kathleen Mullan Harris, **Sarah James**, and Lauren Gaydos. “Do Sleep Duration Trajectories from Adolescence to Mid-Adulthood Differ by Socioeconomic Background and Race?” Presented at the 2020 Interdisciplinary Association for Population Health Science Conference, October 2020, virtual.

Gard, Arianna, **Sarah James**, Jeanne Brooks-Gunn, Sara S. McLanahan, Colter Mitchell, Christopher Monk, Luke Hyde. “Deadly Gun Violence, Risk, and Resilience: Pathways to Adolescent Mental Health through Corticolimbic Function.” Presented at the American Sociological Association 2020 Annual Meeting, August 2020, virtual.

James, Sarah and Vida Maralani. “Historical Trends in Obesity-Related Health Behaviors: Sleep, Sedentary Behavior, and Eating Habits by Race and Gender.” Population Association of America 2020 Annual Meeting, April 2020, virtual.

James, Sarah. Discussant, “Sleep and Population Health Disparities” at the Population Association of America 2019 Annual Meeting, April 2019, Austin, TX, USA.

James, Sarah, Anne-Marie Chang, Orfeu Buxton, and Lauren Hale. “Disparities in Adolescent Sleep Health.” Presented at the Society for Research in Child Development Biennial Meeting, March 2019, Baltimore, MD, USA.

James, Sarah. “Trajectories of Childhood and Adolescent Sleep Duration by Family Demographic Characteristics.” Presented at the Population Association of America 2018 Annual Meeting, April 2018, Denver, CO, USA.

Donnelly, Louis, Sara McLanahan, Jeanne Brooks-Gunn, **Sarah James**, and Shiva Rouhani. “Disparities in Adolescents’ Recent Exposure to Local Gun Violence: Linking Incident-Level Crime Data to a Population-Based Panel Study.” Presented at the Population Association of America 2018 Annual Meeting, April 2018, Denver, CO, USA.

James, Sarah, Louis Donnelly, Jeanne Brooks-Gunn, and Sara McLanahan. “Childhood exposure to violent contexts and risky adolescent health behaviors.” Presented at the American Sociological Association 2017 Annual Meeting, August 2017, Montreal, QC, CA.

James, Sarah. “Adolescent Sleep Duration and Early Adult Socioeconomic Status.” Presented at the Eastern Sociological Society 2017 Annual Meeting, February 2017, Philadelphia, PA, USA.

Hale, Lauren and **Sarah James**. “How Do Sociodemographic, Psychosocial, and Contextual Factors Predict Sleep Patterns across Childhood?” Presented at the 24th Annual National Symposium on Family Issues – Sleep Across the Life Course: Family Influences and Impacts, October 2016, State College, PA, USA.

James, Sarah, Sara McLanahan, Jeanne Brooks-Gunn, Colter Mitchell, Daniel Notterman, and Irwin Garfinkel. “Sleep Duration and Children’s Telomere Length.” Presented at Population Association of America 2016 Annual Meeting, May 2016, Washington, D.C., USA.

James, Sarah. “Maternal Depression and Children’s Social-Emotional Development: The Role of Genetic Sensitivity.” Paper presented at Population Association of America 2015 Annual Meeting, May 2015, San Diego, CA, USA.

James, Sarah. “Genetic Sensitivity to Social Environment: Stress Reactivity Moderates the Relationship of Persistent Maternal Depression and Child Behavior.” Presented at Integrating Genetics and the Social Sciences, October 2014, Boulder, CO, USA.

James, Sarah. “Determinants of Attitudes toward Proposed Undocumented Immigration Policies.” Presented at the Southern Demographic Association Annual Meeting, October 2011, Tallahassee, FL, USA.

Ecklund, Elaine Howard, **Sarah James**, and Anne E. Lincoln. “Taking Science from the Ivory Tower to the Dinner Table: How Scientists Perceive Community Outreach.” Invited to present at the American Sociological Association Annual Meeting (regular session), August 2011, Las Vegas, NV, USA.

TEACHING EXPERIENCE

- Fall 2018 Completed the Princeton University Teaching Transcript Program
- Spring 2015 Assistant in Instruction, Social Networks
(Princeton University, Instructor: Dr. Matthew Salganik)
Managed the collection of real-time student evaluations of course meetings. Provided small group instruction to undergraduates. Graded student writing and problem sets.
- Fall 2014 Assistant in Instruction, Modern Genetics and Public Policy
(Princeton University, Instructors: Dr. Keith Wailoo and Dr. Shirley Tilghman)
Supported student discussion leadership and provided feedback on student research papers. Graded student writing responses and term research papers.
- Spring 2014 Assistant in Instruction, Cities and Suburbs in American History
(Princeton University, Instructor: Dr. Alison Isenberg)
Facilitated weekly discussion among undergraduate students and guided students through researching and writing a term paper. Graded exams and term research papers.
- Spring 2012 Student Instructor, The Art and Science of Baking from Scratch
(Rice University)
Conceptualized, designed, and independently taught a one-credit, student-designed undergraduate course. My course was selected through a competitive application.
- Fall 2011 Teaching Assistant, Introduction to Sociology
(Rice University, Instructor: Dr. Rachel Kimbro)
Graded exams and essays for a large undergraduate introductory course on sociology.

DEPARTMENTAL SERVICE

- Facilitator, Cornell Social Science Postdoc Working Group, 2020-present
- Department of Sociology Graduate Admissions Committee Member, 2016
- Department of Sociology Graduate Student Advisory Council Member, 2015-2016
- Graduate Student Advisory Council Member, Population Studies Representative, 2013-2015

- Office of Population Research Professional Development Committee, 2013-2014, 2015-2016

RELEVANT SKILLS

Computer: Proficient in R, STATA, and SPSS.

Language: Intermediate-advanced Spanish (8 years of study); intermediate French (5 years of study)

PROFESSIONAL MEMBERSHIP

Population Association of America

American Sociological Association

Society for Research in Child Development